

Intermediate Grades 3-5
October 2023 Menu

Monday	Tuesday	Wednesday	Thursday	Friday
2 Bagel ~~~~~ Chicken fried steak, Mashed potatoes, Gravy, Green beans, Roll, Fruit	3 Breakfast bread ~~~~~ Oriental chicken, Brown rice, Broccoli, Mixed vegetables, Fruit	4 Breakfast pizza ~~~~~ Corn dog*, Tater tots, Carrots, Fruit	5 Waffles ~~~~~ Cheesy bites, Marinara sauce, Pinto beans, Corn, Fruit	6 Pancake and Turkey Sausage ~~~~~ Burrito, Sweet peas, Carrots, Fruit
9 Muffin & Cheese Stick ~~~~~ Chicken Nuggets, Mashed potatoes, Gravy, Seasoned green beans, Fruit, Roll	10 French Toast ~~~~~ Meatballs & Gravy, Brown Rice, Broccoli, Mixed Vegetables, Fruit	11 Biscuit & Turkey Sausage ~~~~~ Hamburger, Tater tots, Sweet peas, Fruit	12 Eggs & Toast ~~~~~ Meat & Cheese Nachos, Salsa, Lettuce & Tomatoes, Pinto Beans, Fruit	13 Honey Bun ~~~~~ Cheese Pizza, Corn, Carrots, Fruit
16 Breakfast bread ~~~~~ Steak fingers, Mashed potatoes, Gravy, Peas, Roll, Fruit	17 Pancake Wrap with Turkey Sausage ~~~~~ Grilled Chicken, Macaroni & Cheese, Broccoli, Carrots, Fruit	18 Breakfast Pizza ~~~~~ Hot dog*, Chili*, Tater tots, Baked beans, Fruit	19 Cinnamon Roll ~~~~~ Chicken Fajita soft taco, Salsa, Lettuce & Tomatoes, Refried Beans, Fruit	20 Pancakes ~~~~~ Cheesy Bites, Marinara sauce, Corn, Zucchini, Fruit
23 Muffin & Cheese Stick ~~~~~ Chicken Tenders, Mashed potatoes, Gravy, Lima beans, Roll, Fruit	24 Waffles ~~~~~ Ribs, Yellow squash, Broccoli, Breadstick, Fruit	25 Biscuit & Turkey Sausage ~~~~~ Chicken sandwich, Tater tots, Carrots, Fruit	26 Eggs & Toast ~~~~~ Spaghetti, Cauliflower, Green Beans, Texas Toast, Fruit	27 French toast ~~~~~ Quesadilla, Salsa, Corn, Pinto beans, Fruit
30 Bagel ~~~~~ Chicken fried steak, Mashed potatoes, Gravy, Green beans, Roll, Fruit	31 Breakfast bread ~~~~~ Oriental chicken, Brown rice, Broccoli, Mixed vegetables, Fruit			

This institution is an equal opportunity provider.

*Menu is subject to change due to availability of food items. *May contain pork.*

Visit our Child Nutrition website @ www.pngisd.org to make a payment or to complete an online meal application.

Questions? For Groves Intermediate contact Gail Melancon, Manager; For Port Neches Intermediate contact Sabrina Lunceford, Manager